

3rd Sunday Pentecost
Commemoration of Our Venerable Father Onuphrius the Great
Commemoration of Our Venerable Father Peter of Mt. Athos

VESPERS: Tone 2

- P. Regular Beginning
 C. Lord I have cried...
1. Come let us adore the **Word** of God,/ begotten of the Father before the **world** began,/ and **incarnate** of the Virgin **Mary**./ For of His own will He suffered the Cross and submitted to **burial**.// He also rose from the dead and saved me, an **erring** man.
 2. Christ, our **Saviour**,/ blotted out the bond that pledged us to the **decrees** of the law/ by nailing it **to** the Cross,/ and He put down the **dominion** of death.// We worship His Resurrection on the **third** day.
 3. In common with the Arch**angels**/ let us praise the Resurrection of Christ./ He is the Deliverer and **Saviour** of our souls./ And He will come again in dread glory and great **power**,// to judge the world He **fashioned**.
 4. The angel proclaimed Thee, O Master, crucified and **buried**,/ and he said to the **women**:/ 'Come and **see** the place where the **Lord** lay./ For He is risen as He said, because He is **Almighty**.'/ Therefore, we worship Thee Who alone art **immortal**:// Have mercy upon us, O Christ, Thou **Giver** of life.

Stichera for St. Onuphrius the Great (Tone 8)

5. O divinely wise father Onuphrius,/ thou didst cut thyself off from the **tumult** of the world/ and didst ascend to celestial **perfection**,/ having desired Him Who is the Source of **good** things;/ and there thou didst attain true love, O **blessed** one./ Illumined with the **effulgence** thereof,// by thy supplications rescue us from the **darkness** of sin.
6. O divinely wise father Onuphrius,/ the cold of night and the burning heat of day thou didst endure, O venerable one, in hope of **things** to come./ And having mortified thy members on earth, thou hast received the life of **heaven**/ and entered joyously into the bridal-chamber, O **holy** one,// to behold the infinite beauty of thy Creator.
7. O divinely wise father Onuphrius,/ the glorious Paphnutius found thee in the desert hidden like a **treasure**,/ and he clearly proclaimed to those in the world the corrections of thy **struggles**,/ enriching the faithful with his account of thy God-pleasing life, O all-**lauded** one.// By thy supplications, O glorious one, show us to be **emulators** thereof.

Stichera for St. Peter of Mt. Athos (Tone 8)

8. **We** have recognized thee, O venerable one, as the namesake of the divine **Peter**,/ who truly followed him and hath piously shared in his **zeal** for the Faith;/ for thou didst love the **good** law,/ didst desire

the divine precepts thereof, O **father**,/ and didst adorn thy soul with the **virtues**./ Wherefore, we honour and **bless** thee.

9. O venerable father **most** rich,/ having in compunction of soul acquired true **patience**,/ love unfeigned, steadfast hope and perfect **humility**,/ thou becamest a temple of the divine **Spirit**./ And having received His effulgence in **purity**,/ thou wast seen by mortals to be a secondary luminary// through the purity **of** thy life.
10. O venerable and divinely inspired **father**,/ though thou didst hide unseen for many **years** on earth,/ yet didst thou become known through the Spirit by signs and **wonders**,/ and by the sweet **savor** of myrrh;/ for thou didst pour forth a living radiance and **holiness**,// truly showing the grace of the divine Spirit to those who **love** thee.

Glory... (Tone 6)

O venerable **fathers**,/ the sound of your corrections hath gone forth into **all** the earth;/ wherefore, ye have found the reward of your labors in the **heavens**,/ have destroyed hordes of the **demons**,/ and attained unto the ranks of the angels, whose lives ye did blamelessly **emulate**./ As ye have boldness **before** the Lord,// ask ye **peace** for our souls.

Both now & ever... Dogmatikon (Tone 2)

At the coming of grace, the shadow that is the law **passed** away./ Just as the bush that burned was **not** consumed,/ so hast **thou**, Virgin, given birth and **Virgin** remained./ Gone was the **Pillar** of fire,/ and lo, in its stead the Sun of Righteousness **shone** forth.// Behold, instead of Moses, Christ, the **salvation** of our souls.

- P. Wisdom. Aright!
 C. O Joyful Light...
 P. Prokimenon. The Lord is King...
 P. Wisdom! (And readings, if any)
 P. Augmented Litany
 R. Vouchsafe...
 P. Litany of Fervent Supplication

APOSTICHA: (Tone 2)

1. Thy Resurrection, O Christ,/ has given light to **all** the earth/ and has **called** up Thy **creature**.// Therefore, glory to Thee, O **Almighty** God.
- V. The Lord is King,/ and hath put on glorious **apparel**.
2. Through Thy rood, O **Saviour**,/ Thou hast done away with the **curse** of the tree,/ and through Thy **burial** Thou hast put down the **dominion** of death,/ and Thou hast enlightened mankind by Thy Resurrection./ Therefore we **cry** to Thee:// Glory to Thee, O Christ, our God, the **Giver** of life.
- V. He hath made the world so sure/ that it **cannot** be moved.

3. Thou, O Christ, didst appear, nailed **upon** the Cross/ having changed the beauty of created things./ And in **cruelty** the soldiers pierced Thy **side** with a lance;/ while the Jews begged that Thy **tomb** might be sealed,/ for they both had no faith in Thy **power**./ But Thou, O Lord, for Thy mercy's sake hast submitted **to** the tomb/ and hast risen on the **third** day.// Therefore, unto Thee be **glory**.

V. Holiness becometh Thine house/ O Lord, forever.

4. Of Thine own will Thou, O Christ, the **Giver** of life,/ for the sake of mortal man hast endured Thy **passion**/ and hast descended into hell, in mighty **power**,/ snatching as it were from the jaws of a great monster those who **awaited** Thee there,/ granting them an abode in **paradise**./ Therefore to us who give glory to Thy Rising on the **third** day,// grant cleansing of our sins and Thy great **mercy**.

Glory... (Tone 6)

Having preserved unharmed that which was created according to the image of God/ and through fasting established your mind as master over the pernicious **passions**,/ ye arrived at that which is according to His likeness, in as far as ye were **able**;/ for having manfully done violence to your **nature**,/ ye strove to make that which is baser subject to that which is **higher**,/ and to enslave the flesh to the **spirit**./ Wherefore, ye have been shown to be the summit of **monastics**,/ citizens of the desert, teachers of those who run the **good** race,/ the manifest rule of the **virtues**./ And now, in the heavens, reflections having been **abolished**,/ ye behold the Holy Trinity in **purity**,// praying together for those who honour you with **faith** and love.

Both... (Tone 6)

O all-hallowed **Virgin**,/ Christ, the Maker and Deliverer and Lord **proceeded** from thy womb,/ and clothing Himself in me, set man free from the original curse of **Adam**./ Wherefore, O all-pure **Virgin**,/ we sing without ceasing to thee as Mother of God and **Virgin**/ in truly the greeting of the **angel**:// Rejoice! O Lady, advocate and defender and **salvation** of our souls.

C. St. Symeon's Prayer

R. Trisagion

C. Rejoice, O Virgin Theotokos x3

Blessed be the Name of the Lord... x3

Psalm 33:1-10

MATINS: Tone 2

P. Regular Beginning

P. Great Ectenia

C. God is the Lord...

C. Sunday Troparia (Tone 2) x2

When Thou didst descend to death, O life immortal,/ Thou didst slay hell with the splendor of Thy Godhead/ and when from the depths Thou didst

raise the dead/ all the powers of heaven cried out:/ O Giver of life,
Christ our God,// Glory to Thee!

Glory... Troparion for the Saints (Tone 4)

O God of our fathers,/ Whoever dealest with us according to Thy
gentleness,/ withdraw not Thy mercy from us,/ but by their entreaties//
direct our life in peace.

Both... Theotokion (Tone 4)

The mystery hidden from all ages/ and unknown to the **angels**/ was made
manifest to those on earth through Thee, O Theotokos:/ God took flesh in a
union without **confusion**/ and for our sakes willingly **accepted** the Cross;/
and thereby He raised the **first** formed man// and saved our **souls** from
death.

Lord Have Mercy 3x
Glory...

R. Now...
R. Kathisma II
P. Small Ectenia

R. Sessional Hymns:

The noble Joseph, taking Thine all-pure body down from the Tree and
wrapping it in a clean winding-sheet, enclosed it in a new tomb with sweet
spices; yet Thou didst arise on the third day, O Lord, granting great mercy
to the world.

V. Arise, O Lord my God, let Thy hand be lifted high; forget not Thy
paupers to the end.

Standing before the myrrh-bearing women at the tomb, the angel cried:
"Myrrh is meet for the dead, yet Christ hath shown Himself to be a stranger
to corruption! But cry aloud: The Lord hath risen, granting the world
great mercy!"

G/B... Thy mystery, O Mother of God, is most glorious and passeth
all understanding, for stamped with the seal of purity and thy virginity
inviolable, thou art acknowledged without doubt to be the Mother who indeed
hast given birth to the true God. Do thou beseech Him to save our souls.

R. Kathisma III
P. Small Ectenia

R. Sessional Hymns:

Without hindering the Jews from sealing the stone of the tomb, in
arising Thou didst bestow the rock of faith upon all. O Lord, glory be to
Thee!

V. I will confess Thee, O Lord, with my whole heart, I will tell of
all Thy wonders.

With one accord the choir of Thy disciples rejoiceth with the myrrh-
bearing women; and with them we celebrate a common feast to the glory and

honour of Thy resurrection. And through them we cry out to Thee, O Lord Who lovest mankind: Grant Thy people great mercy!

G/B... All-blessed art thou, O Virgin Theotokos, for by Him Who became incarnate through thee hath hades been made captive, Adam restored, the curse annulled, Eve set free, death slain, and we have been given life. Wherefore, chanting, we cry aloud: Blessed is Christ God Who hath been thus well pleased! Glory be to Thee!

R. Psalm 118

C. Evlogitaria (Blessed art Thou, O Lord...)

P. Small Ectenia

R. Ypakoe:

After the Passion, when the women went to the tomb to anoint Thy Body, O Christ our God, they saw angels in the sepulcher and were affrighted, for they heard them say that the Lord was risen granting the world great mercy.

Hymn of Degrees: (Antiphon One)

I cast the eyes of my heart toward Thee in heaven, O Saviour. Save me by Thine overshadowing.

Have mercy on us who offend Thee greatly every hour, O my Christ, and grant that we may offer Thee repentance before the end.

G/B... It is fitting that the Holy Spirit reign, sanctify and move creation, for He is God, consubstantial with the Father and the Word.

Hymn of Degrees: (Antiphon Two)

If the Lord Himself were not with us, who would be preserved whole from the enemy, the slayer of men?

Give not Thy servant over to the teeth of mine enemies, O Saviour, for they move against me like lions.

G/B... The Holy Spirit is the Source of life and worship, for by His power as God He preserveth all created things in the Father by the Son.

Hymn of Degrees: (Antiphon Three)

They who hope in the Lord are like a holy mountain: they are in nowise moved by the assaults of the enemy.

Let those who live godly lives stretch not their hands forth to iniquities, for Christ will not withhold His staff from such in His portion.

G/B... Through the Holy Spirit doth all wisdom flow: through Him have the prophets received vision, hath grace come upon the apostles, and have the martyrs been crowned with the endurance of suffering.

P. Prokimenon: (Tone 2)

Arouse Thyself, O Lord my God, in the commandment which Thou hast enjoined, / and a congregation of peoples shall surround Thee.

V. O Lord my God, in Thee have I put my hope: Save me.

C. Let every breath praise the Lord.

P. GOSPEL #3

C. Having Beheld the Resurrection of Christ...

R. Psalm 50

C. Glory... Now... Have mercy on me... Jesus having risen...

P. Save, O God, Thy People...
Anointing.

Canticle One

Irmos: Overwhelming power once laid low the whole army of Pharaoh in the deep,/ and the incarnate Word hath destroyed pernicious sin./ All-glorious is the Lord,// for gloriously hath He been glorified.

Glory to Thy Holy Resurrection, O Lord.

The prince of this world, under whom we have enlisted, not having obeyed Thy commandment, was condemned by Thy Cross, O Good One; for the weak one attacked Thee as one mortal, recoiled from the might of Thine authority, and was exposed as weak.

Thou camest into the world, the Deliverer of the human race and Author of life incorruptible; for by Thy resurrection Thou didst break asunder the bonds of death. This do we all glorify, for gloriously hast Thou been glorified.

Theotokion

Thou wast revealed as higher than all creation, visible and invisible, O pure Ever-virgin; for thou gavest birth to the Creator, in that He was well pleased to become incarnate in thy womb. Entreat Him with boldness, to save our souls.

Most Holy Theotokos, Save us.

Of old, the immaterial ladder and the strangely solidified path amid the sea revealed thy birthgiving, O pure one, which we all hymn, for it hath been glorified.

The Power of the Most High, the perfect Hypostasis, the Wisdom of God, Who became incarnate of thee, O most pure one, drew nigh unto men, for He hath been glorified.

Venerable Father Onuphrius, pray to God for us.

Illumined with the light of thrice-radiant splendor, O father Onuphrius, by thy supplications rescue me from the deadly darkness of offenses, that I may hymn thy memory.

Having rejected the world and cleaved unto Christ, thou didst make thy flesh subject to thy mind, and wast shown to be a receptacle of the Holy Spirit, O divinely wise father Onuphrius.

Guided by a pillar of divine light, thou didst abandon the Egypt of the passions and didst attain unto the heights of dispassion, where thou didst converse with God.

Theotokion

Thou gavest birth unto Him Who before thee was begotten of the Father, and didst remain an incorrupt virgin even after giving birth; wherefore, we all confess thee to be the true Theotokos, O all-hymned one.

Venerable Father Peter, pray to God for us.

Today the Church setteth thee before us as another Peter, illumining our minds with thy divine memory, O father most rich.

Having washed the mire of the passions from thy noetic eyes, O venerable one, thou didst clearly see the infinite beauty of Christ the King Who hath glorified thee.

Glory... He Who shone forth upon thee the never-waning light of the three-Sunned Godhead, O all- blessed and divinely wise father, made thee the pure receptacle of divine gifts.

Both... He Who in His surpassing goodness, for our sake clad Himself in man through thee, O Virgin, is supremely glorified by the assemblies of the venerable who love Him.

C. Katavasia (Tone 4)

I shall open my mouth/ and the Spirit will **inspire** it,/ and **I** shall utter the words of my song to the Queen and **Mother**:/ I shall be seen radiantly **keeping** feast// and joyfully praising her **wonders**.

Canticle Three

Irmos: The desert, the barren Church of the nations,/ blossomed like a lily at Thine advent, O Lord;// and therein hath my heart been established.

Glory to Thy Holy Resurrection, O Lord.

During Thy suffering creation was altered, beholding Thee, Who founded all by Thy divine gesture, in pauper's form, mocked by the iniquitous.

With Thy hand Thou didst fashion me out of dust, in Thine image; and having descended into hades, O Christ, with Thyself Thou didst raise me up who had again been broken down into the dust of death for my sins.

Theotokion

The ranks of the angels marveled, O most pure one, and the hearts of men have been filled with awe at thy birthgiving; wherefore, we honour thee, the Theotokos, with faith.

Most Holy Theotokos, Save us.

He Who, as the Creator of time, far transcendeth all time, was of His own will formed of thee as a babe, O Virgin.

Let us hymn the womb which is more spacious than the heavens, through which Adam, rejoicing, dwelleth in the heavens.

Venerable Father Onuphrius, pray to God for us.

Following the vision of the angel, thou didst attain unto the desert; and having caused carnal pleasures to wither away through abstinence, thou didst live angelically therein, O blessed one.

Shown forth as a tree planted by springs of the waters of abstinence, O father Onuphrius, thou didst truly produce the fruit of the virtues in due season through husbandry.

Having shone forth from the desert like a most radiant star upon the world, thou didst enlighten the assemblies of the pious and faithful with the beams of thy struggles, O Onuphrius our venerable father.

Theotokion

Thou hast abolished the grief of our first parents, having given birth unto Joy for us: the Bestower of life and Deliverer, O all-holy Theotokos. Him do thou earnestly entreat, that He save thy flock.

Venerable Father Peter, pray to God for us.

Having mortified thy members on the earth, O venerable one, with divine precepts thou didst impart life to thy soul; and thou hast received everlasting life and splendor.

Having lived in goodness, thou hast joined the choirs on high, O all-blessed one, abiding in stillness and gazing upon the beauty of God.

Glory... Manifestly hiding in the mountains, thou didst withdraw from the society of men, and in gladness didst furnish thy mind with wings to soar aloft to the beauty of heaven.

Both... Knowing thee to be a beauteous palace of indescribable richness, O Virgin, we glorify thee as is meet, having been saved by thy birthgiving, O most immaculate one.

C. Katavasia (Tone 4)

O **M**other of God,/ thou living and **p**lentiful fount,/ give **s**trength to those united in spiritual **f**ellowship,/ who sing hymns of **p**raise to thee:/ And in thy divine **g**lory// vouchsafe unto them crowns of **g**lory.

P. Small Ectenia

C. Kontakion of St. Onuphrius (Tone 3)

Illumined by the radiance of the all-holy Spirit, O divinely wise one, thou didst forsake all the tumults of life; and on reaching the desert, O venerable father, thou didst gladden God the Creator, Who is over all things. Wherefore, Christ, the great Bestower of gifts, doth glorify thee, O blessed one.

R. Ikos of St. Onuphrius

Who can recount thy struggles, O most blessed one? Who among mortals can fittingly praise thy life, O father Onuphrius? For like one of the incorporeal ones thou didst subsist on herbs, and didst have as thy food Christ God, upon Whom thou didst set thy hope, going naked about the desert places, enduring burning heat and cold like a bodiless being.

Wherefore, the great Bestower of gifts hath shown thee to be a luminary, O blessed one.

C. Kontakion of St. Peter (Tone 2)

Having withdrawn thyself from human companionship, out of divine desire and love for thy Lord, O Peter, thou didst dwell in caves of stone and deep ravines; and thou didst receive from Him a crown. Pray thou unceasingly, that we be saved.

R. Ikos of St. Peter

Having fled the tumults of the world and the tempest of life as frightful and evil, thou didst attain unto the impassable places; and like a bird thou didst live alone for many years, hiding thyself in caves, defiles and ravines, looking unto the Lord and fulfilling His precepts. And having received grace from Him, O venerable father, thou didst shine forth like the sun, praying unceasingly for us all.

R. Sessional Hymns

Thou didst withdraw, O venerable one, and didst manifestly make thine abode in desert places, ever waiting upon the Lord, Who delivered thee from evils. Wherefore, having pleased the Master well, O most blessed one, thou didst receive the kingdom of heaven which waxeth not old; and, dwelling therein, be thou now mindful of those who honour thee.

Glory... Thou didst bury all the uprisings of the passions by the mortification of the flesh, O sacred father, and after death hast received life without end. Wherefore, the Church of Christ today doth celebrate thy right wondrous memory, O adornment of the venerable.

Both... To the path of repentance guide us who have ever strayed into the trackless wastes of evils and have angered the all-good Lord, O blessed Mary who knewest not wedlock, thou refuge of despairing men and dwelling-place of God.

Canticle Four

Irmos: Thou didst come forth from the Virgin,/ neither a mediator nor an angel,/ but Thyself incarnate, O Lord,/ and hast saved me, the whole man; // wherefore, I cry to thee: Glory to Thy power, O Lord.

Glory to Thy Holy Resurrection, O Lord.

O God my Master, Thou standest before the judgment-seat as one condemned, without crying out, bringing forth judgment in behalf of the gentiles. Thereby Thou hast wrought salvation for the whole world through Thy suffering, O Christ.

Through Thy suffering, O Christ, the weaponry of the enemy failed, and by Thy descent into hades the cities of the adversary were destroyed and the audacity of the tyrant set at naught.

Theotokion

O Theotokos and Mistress, all of us, the faithful, know thee to be the haven of salvation and an immovable rampart; for through thy supplications, thou dost deliver our souls from perils.

Most Holy Theotokos, Save us.

Lo! as the dwelling-place of the Lord, the Mother of God, the divine mountain, hath most clearly been exalted far higher than the hosts of heaven.

Having given birth beyond the laws of nature unto Him Who hath dominion over creation, O only Virgin, thou wast vouchsafed a divine calling.

Venerable Father Onuphrius, pray to God for us.

Having shed the corrupt vesture of sin, O father Onuphrius, thou didst clothe thyself in the raiment of righteousness and hast passed within the bridal-chamber.

By constant supplications thou didst gather the light of divine understanding in thy heart, O Onuphrius our father, and hast escaped the dark deception of ignorance.

Having trod the narrow path of sorrows on earth, O divinely wise and venerable one, thou didst reach the wide road full of the joy of heavenly delights.

Theotokion

At every hour, in every place, I call upon thee, my salvation: Disdain me not, O most immaculate one who gavest birth to God, my Deliverer and Saviour!

Venerable Father Peter, pray to God for us.

Appointing divine ascent in thy heart while among the mountains and caves, O wise one, thou didst cause all the torrents of the passions to dry up through grace divine.

Protected by the shield of the Faith, thou didst utterly escape the arrows, darts and pursuit of the demons, O venerable one.

Glory... Beholding the lying serpent cast down beneath thy feet and mocked, though he rageth savagely, O most glorious Peter, we praise thy greatness before the Lord.

Both... The Lord Who was born of thee, O most immaculate Lady, hath delivered all from the enemy who hath dominion over the world, and hath magnified the venerable as ones who love Him.

C. Katavasia (Tone 4)

He Who sits in glory upon the throne of the **Godhead**,/ Jesus the **true** God,/ is **come** in a **swift** cloud,/ and with His pure hand He has saved **those** who cry:// Glory to Thy **power**, O Lord.

Canticle Five

Irmos: Thou art a Mediator between God and man, O Christ God:/ For by Thee, O Master,/ are we led up out of the night of ignorance to Thy Father,// the Source of light.

Glory to Thy Holy Resurrection, O Lord.

Thou didst break the audacity of the nations by Thy will, as if they were cedars, O Christ Master, for it was Thy will to be lifted up in the flesh upon the cypress, the pine and the cedar.

When they laid Thee, dead and bereft of breath, in a deep pit, O Christ; yet, wounded, through thy wounds Thou didst raise up with Thyself the forgotten dead who slept in the graves.

Theotokion

Entreat thy Son and Lord, O pure Virgin, that He grant peace unto those who hope in thee and deliverance from the assaults of adversaries unto captives.

Most Holy Theotokos, Save us.

O ye clouds, rain down the delight of gladness upon those on earth, for a Child hath been given, He Who hath existed from before time: Our God Who is incarnate of the Virgin.

Light hath shone upon my life and flesh and destroyed the gloom of sin! In latter times the Most High became incarnate of the Virgin without seed.

Venerable Father Onuphrius, pray to God for us.

In the desert, Paphnutius found thee to be a companion of angels, a great luminary equal to the angels, O wise one, and he piously revealed to all the corrections of thy life.

The Lord, Whom thou didst desire with all thy heart, shone forth upon thee the never-waning light of dispassion, O wise Onuphrius, and thou hast illumined the whole world in the account of thy blameless life.

While preaching well that men ought to cleave unto our God, O blessed Onuphrius, thou didst set the hope of thy soul upon Him, and didst ever have His praise in thy mouth.

Theotokion

O Virgin Mistress, shine forth the radiance of thy mercy upon me who am in the darkness of transgressions, and guide me to the light of repentance and salvation of life, I pray.

Venerable Father Peter, pray to God for us.

Going about the mountains of the precious commandments like Moses, O venerable one, thou didst manifestly behold God as thou didst receive them, and, illumined in all the senses of thy soul, thou wast greatly glorified.

Ever adorned with divine benefactions, O wise Peter, thou didst remain untouched by any passion, and didst clothe thyself in dispassion as it were a garment, O venerable one.

Glory... Thy body, hidden for many years, was revealed for our enlightenment, pouring forth upon us rivers of healings and the myrrh of grace.

Both... With sacred voices we hymn thee, the beauty of Jacob, who for the world gavest birth in the flesh to the Light begotten of Light, Who illumineth the assembly of the venerable.

C. Katavasia (Tone 4)

The whole **world** was amazed at thy divine **glory**,/ for **thou**, O Virgin who hast not known **wedlock**,/ hast **held** in thy womb the **God** of all,/ and hast given birth to an **eternal** Son,// Who rewards with salvation all who sing thy **praises**.

Canticle Six

Irmos: Whirled about in the abyss of sin,/ I call upon the unfathomable abyss of Thy loving-kindness:// Lead me out up from corruption, O God.

Glory to Thy Holy Resurrection, O Lord.

The Righteous One was condemned as a malefactor and nailed to the Tree with iniquitous men, through His blood granting remission to the guilty.

Through one man, the first Adam, did death enter the world of old, and through the one Son of God hath the resurrection been revealed.

Theotokion

Thou gavest birth without having known a man, O Virgin, and thou remainest a virgin eternally, revealing the images of the true divinity of thy Son and God.

Most Holy Theotokos, Save us.

Human nature, enslaved to sin, hath through thee obtained its freedom, O pure Mistress; for thy Son is slaughtered like a lamb for all.

We all cry out to thee, the true Mother of God; Deliver thy servants, who move God to wrath, for thou alone hast boldness before thy Son.

Venerable Father Onuphrius, pray to God for us.

While thy flesh was being chilled with cold, thy spirit was warmed by the fervor of the Spirit; and while thou wast burned by the intense heat of the day, O wise one, a heavenly dew cooled thee through grace.

Whilst thou wast in the desert, God caused a bright light to go before thee, there prefiguring thee who wouldst receive light and everlasting glory.

He Who was born in a cave and deigned to be held in the elder's arms as a babe taught thee higher things, for though thou wast an elder, thou wast but a babe in good works.

Theotokion

O most immaculate Theotokos, who gavest birth to the Abyss of mercy, having engulfed the abyss of my passions in the depths of thy compassions, grant me an outpouring of tears from the depths of my soul.

Venerable Father Peter, pray to God for us.

Made steadfast by the might of the Spirit, thou didst bring low all the might of the enemy; and as a victor thou didst hasten, crowned, unto Christ.

Following in the footsteps of the preeminent Peter, the rock of faith, O venerable one, thou didst take his name, and wast richly enriched with faith.

Glory... Thou didst struggle in divine feats, O father, and didst keep the faith; and the crown of good works was added unto thee.

Both... The Lord dwelt within thy womb and deified all human nature, O pure one; and He hath drawn to Him a multitude of the venerable by sanctity.

C. Katavasia (Tone 4)

As we **celebrate**/ this sacred and solemn feast of the **Mother** of God,/ **let** us come, **clapping** our hands,/ O people **of** the Lord,/ and give **glory** to God// Who was **born** of her.

P. Small Ectenia

C. Kontakion (Tone 2)

Hell became afraid, O almighty Saviour,/ seeing the miracle of Thy Resurrection from the tomb!/ The dead arose! Creation, with Adam, beheld this and rejoiced with Thee!// And the world, O my Saviour praises Thee forever.

R. Ikos

Thou art the light of those in darkness; Thou art the resurrection of all and the life of men, and hast raised up all with Thyself, O Saviour, abolishing the dominion of death and breaking down the gates of hades, O Word. And the dead, beholding the wonder, marveled, and all creation rejoiceth in Thy resurrection, O Thou Who lovest mankind. Wherefore, we all glorify and hymn Thy condescension; and the world, O my Saviour, ever hymneth Thee.

Canticle Seven

Irmos: The command of the iniquitous tyrant, opposed to God,/ raised up a lofty flame;/ but Christ, Who is blessed and all-glorious,// spread a spiritual dew upon the pious youths.

Glory to Thy Holy Resurrection, O Lord.

In Thy loving-kindness, O Master, Thou couldst not bear to see man tormented by death; and, becoming man, Thou didst come and save him by Thy blood. Blessed and most glorious is the God of our fathers!

Seeing Thee arrayed in the vesture of vengeance, O Christ, the gatekeepers of hades were affrighted; for Thou didst come to slay Thy servant, the mindless tyrant. Blessed and most glorious is the God of our fathers!

Theotokion

We understand thee to be holier than the Holy of holies, for thou alone gavest birth to the immutable God, O blameless Virgin, unwedded Mother; for thou hast poured forth incorruption upon all the faithful through thy divine birthgiving.

Most Holy Theotokos, Save us.

At night, Jacob beheld as in a vision the incarnate God, Who through thee hath appeared in splendor to those who chant: Most divine and most glorious is the God of our fathers!

Manifesting within thee beforehand the signs of the ineffable descent whereby He united Himself unto men of His own will, O pure one, the most divine and all-glorious God of our fathers wrestled with Jacob.

Venerable Father Onuphrius, pray to God for us.

He Who through a raven fed Elijah on the mountain sendeth thee food by an angel, O venerable one, magnifying thee who didst magnify Him.

Like a palm-tree flourishing by streams of the waters of abstinence, thou didst produce dates for thy food, feeding thyself by the sweat of thy brow.

Expanding thy perception by visions, O father, thou wast nourished by the pangs of asceticism; and now thou hast received heavenly sustenance, O Onuphrius.

Theotokion

O Lord God of our fathers, Who dwelt within the Virgin's womb and showed it to be more spacious than the heavens: Blessed art Thou!

Venerable Father Peter, pray to God for us.

Taking thy cross upon thy shoulders with steadfast resolve, as a consecrated monk thou didst follow after Him Who was crucified, O all-blessed one, burning up all the passions like cinder, and crying aloud: Blessed art Thou, O Lord God of our fathers!

The divine Word revealeth thee as a treasure hidden in secret for many years, an heirloom revealed, O venerable Peter, and a manifest advocate for all who have in secret acquired sinful defilement yet openly repent.

Glory... By the vow thou madest unto Christ thou wast shown to be incense of sweet savor, pouring forth fragrant myrrh from thy precious

relics unto the astonishment of all who see it; for thou didst live an angelic life in the flesh.

Both... Having found thee to be good and beautiful among women, O all-holy one, the all-comely Word made His abode within thine all-holy womb, illumining all the choirs of the venerable, who cry aloud: Blessed art Thou, O Lord God of our fathers!

C. Katavasia (Tone 4)

The **Holy** Children bravely trampled upon the **threatening** fire,/ preferring not to worship created things rather than the **Creator**,/ and they **sang** in joy:/ 'Blessed art Thou and **praised** above all,// O Lord God of our **fathers**.'

Canticle Eight

Irmos: Once, in Babylon,/ the fiery furnace divided its activity at the command of God,/ consuming the Chaldeans, but bedewing the faithful, who chant:// Bless the Lord, all ye works of the Lord!

Glory to Thy Holy Resurrection, O Lord.

Beholding the vesture of Thy flesh stained with Thy blood, O Christ, the ranks of the angels were filled with awe and trembling at Thy great longsuffering, cried aloud: Bless the Lord, all ye works of the Lord!

By Thine arising, O Compassionate One, Thou hast clothed my mortality in immortality; wherefore, in gladness Thy chosen people thankfully hymn Thee, O Christ, crying out to Thee: Death is swallowed up in victory!

Theotokion

Without seed thou didst conceive Him Who is inseparable from the Father, and He dwelt in thy womb as God and man; and thou didst ineffably give birth unto Him O all-pure Theotokos. Wherefore, we acknowledge thee as the salvation of us all.

Most Holy Theotokos, Save us.

Through thee the One Who is incomparable in goodness and power was seen on earth and dwelt with men. And, chanting unto Him, all of us, the faithful, cry: Let all existing creation hymn the Lord and exalt Him supremely for all ages!

Truly proclaiming thee to be the pure Theotokos, we glorify thee; for thou gavest birth to the One of the Trinity Who became incarnate, to Whom, with the Father and the Spirit, we all chant: Let all creation hymn the Lord and exalt Him supremely for all the ages!

Venerable Father Onuphrius, pray to God for us.

Forsaking the world below, thou didst acquire a heavenly life and wast enrolled among the choirs of the incorporeal even though thou didst yet bear the flesh, O blessed Onuphrius; and thou hast inherited the land of the meek, which Christ hath given thee forever.

Thou didst truly acquire tear-drops as a means of extinguishing the burning of the passions, and to the dew of dispassion thou wast united by the love of the divine Fire, Christ our God; wherefore, we honour thee, O divinely wise Onuphrius.

O father, Christ, Who is truly the Angel of great Counsel, showed thee to be an emulator of the life of the angels through unceasing supplications, and by the hand of His angel revealed thee to be a partaker of His mysteries. Him do we exalt supremely forever.

Theotokion

O most immaculate Mother of God, thou holy ground from whence Christ, the Grain of life, sprang forth: Thou hast built up human nature, which of old was ruined by the famine of the ancient evil. Wherefore, we hymn thee forever.

Venerable Father Peter, pray to God for us.

Thou hast truly been vouchsafed divine blessedness, O divinely wise Peter, having abased thyself of thine own will; and ever weeping and embracing meekness, O wise one, thou hast inherited the land of the meek.

Possessed of a vigilant mind, thou didst lull to sleep the uprisings of the passions; and having fallen now into the sleep which befitteth all the righteous, O thou who art most rich, thou hast been shown to be a tireless advocate for all who honour thee.

Let us bless Father, Son, Holy Spirit, the Lord!

Diligently seeking God in stillness, thou madest thine abode on Mount Athos, as Elijah the Tishbite did on Carmel of old, O divinely wise and right wondrous Peter; and as one venerable thou wast vouchsafed the vision of Him.

Both... Possessed of a downcast mind and a soul weighed down by the passions, O pure Theotokos, fleeing to thee I cry: Raise me up and save me who am despairing and condemned!

We praise, we bless, we worship the Lord, praising and supremely exalting Him unto all ages.

C. Katavasia (Tone 4)

The **Off**spring of the Theotokos/ saved the holy Children in the **furnace**./ **He** Who was then prefigured has since been **born** on earth,/ and He gathers together all the creation to sing:/ O all ye **works** of the Lord,// bless ye the Lord and exalt Him above all fore**ver**.

P. Magnificat

C. Song of the Most Holy Theotokos.

Canticle Nine

Irmos: God the Lord, the Son of the unoriginate Father,/ hath revealed Himself to us incarnate of the Virgin,/ to enlighten

those in darkness and to gather the dispersed.// Wherefore,
we magnify the all-hymned Theotokos.

Glory to Thy Holy Resurrection, O Lord.

The thrice-rich tree of Thine all-pure Cross was planted on Golgotha as in paradise, O Saviour; and watered with the blood and divine water of Thy side, as by a divine spring, O Christ, it hath budded forth life for us.

Crucified, O Omnipotent One, Thou didst cast down the mighty; and raising up human nature, which lay below in the stronghold of hades, Thou didst set it upon the throne of the Father. And worshipping Thee Who wilt come therewith, we magnify Thee.

Triadicon

Chanting, O ye faithful, in Orthodox manner let us glorify the threefold Unity, the consubstantial Trinity, the indivisible, all-divine essence, the thrice-radiant, the only incorrupt and never-waning Effulgence, which hath shone forth light upon us.

Most Holy Theotokos, Save us.

In thy womb, O pure one, the Word of God was given to corrupt nature as a staff of strength; and He raised it up which had fallen headlong into hades. Wherefore, O most pure one, we magnify thee as the Theotokos.

O Master, mercifully accept as advocate for us Thy Mother, Whom Thou didst choose. All things will be filled with Thy goodness, that we may all magnify Thee as our Benefactor.

Venerable Father Onuphrius, pray to God for us.

Thy gaze ever directed toward God, O divinely wise father, and deified by communion with Him, thou becamest a god; and offering up worship with the angels, thou dost ever glorify Him.

Having mortified the flesh, thou didst vanquish the enemy, and thou hast passed over to the never-waning Light, becoming an heir to the good things of heaven, O father Onuphrius.

By thine entreaties thou dost ever deliver from all the threefold billows of the passions those who with love celebrate thy holy feast, O Onuphrius, for thou hast found boldness before the Saviour.

Theotokion

We who have acquired thee as a hope and rampart, O all-pure one, trust that through thy supplications we may obtain the good things which Christ, Who for our sake became incarnate of thee, hath promised.

Venerable Father Peter, pray to God for us.

Girding thee about with might and strength, Christ God made thee strong, that thou mightest overcome the machinations of the demons, O thou who art most rich, as one who loved Him with all thy heart and soul. Wherefore, we bless thee with faith and love.

O divinely wise one, thou wast shown to be like unto an olive-tree planted in the house of the Lord, anointing with the oil of thy sweat the faces of us who celebrate this thy glorious and divine festival, O adornment of monks, preeminent among the venerable.

Glory... O vessel consecrated to the Lord God, converser with the martyrs, apostles and angels, pray thou in behalf of us who honour thee on earth with faith, that we may all find the remission of offenses.

Both... Spare me! Spare me, O Lord, when thou shalt come to render judgment, and condemn me not to the fire, neither repudiate me with wrath, for the Virgin who gave Thee birth, O Christ, entreateth Thee, as do the assemblies of angels and the companies of the venerable.

C. Katavasia (Tone 4)

Let every mortal **born** on earth,/ radiant with light, in spirit **leap** for joy;/ and **let** the hosts of the angelic powers **celebrate**/ and honour the holy feast of the **Mother** of God,/ and **let** them cry:// Hail! Pure and blessed ever-Virgin, who gavest **birth** to God.

P. Small Ectenia

C. Holy is the Lord our God...

R. Exapostilarion Three (Mark 16:12-20)

Let no man not believe that Christ has risen. For He appeared to Mary and afterwards was seen by those walking in the country, and He again appeared as they lay, to the eleven who knew the mysteries, and having sent them out to baptize, He was received up into heaven from whence He came down confirming their preaching with a multitude of signs.

Exapostilarion for St. Onuphrius

The ranks of the angels marveled at the struggles which thou didst undertake in the desert, O God-bearing Onuphrius; for thou didst live in abstinence for sixty-three years, O father. And now, O blessed and venerable one, thou reignest with Christ for ages without end.

Glory... Exapostilarion for St. Peter

With hymns, as is meet, let us all honour aloud the namesake of the preeminent Peter, the boast of fasters, the glory of the venerable, the pillar of heaven, the flower of Athos, for He is an intercessor for us all.

Both... Theotokion

O Sun, having risen upon the tomb today as a Bridegroom from the bridal chamber, having harrowed hell and dashed death down, by the intercession of Her that bore Thee, Thou hast sent us light--light that has enlightened our hearts and our souls, light that has directed us all to walk in the paths of Thy commandments and the ways of peace.

C. Lauds: Tone 2 Stichera

Let every **breath** praise the Lord/
Praise the Lord from the **Heavens**/
Praise Him in the highest/
To Thee is due a **hymn**, O God/

Praise Him, all ye His **Angels**;//
 Praise Him, all **ye** His hosts.//
 To Thee is due a **hymn**, O God.

R. (The following may be read or sung antiphonally)

Praise Him, O sun and moon; praise Him, all ye stars and light.

Praise Him, ye heavens of heavens, and thou water that art above the heavens.

Let them praise the name of the Lord; For He spake, and they came to be; He commanded, and they were created.

He established them forever, yea, forever and ever; He hath set an ordinance, and it shall not pass away.

Praise the Lord from the earth, ye dragons and all ye abysses,
 Fire, hail, snow, ice, blast of tempest, which perform His word,
 The mountains and all the hills, fruitful trees, and all cedars,
 The beasts and all the cattle, creeping things and winged birds,
 Kings of the earth, and all peoples, princes and all judges of the earth,
 Young men and virgins, elders with the younger; let them praise the name of the Lord, for exalted is the name of Him alone.

His praise is above the earth and heaven, and He shall exalt the horn of His people.

This is the hymn for all His saints, for the sons of Israel, and for the people that draw nigh unto Him.

Sing unto the Lord a new song; His praise is in the church of the saints.

Let Israel be glad in Him that made him, let the sons of Sion rejoice in their king.

Let them praise His name in the dance; with the timbrel and the psaltery let them chant unto Him.

For the Lord taketh pleasure in His people, and He shall exalt the meek with salvation.

The saints shall boast in glory, and they shall rejoice upon their beds.
 The high praise of God shall be in their throat, and two-edged swords shall be in their hands.

To do vengeance among the heathen, punishments among the peoples,
 To bind their kings with fetters, and their nobles with manacles of iron,

V. To do among them the judgment that is written/ This glory shall be to all His saints.

1. All that hath breath, all the creation praises **Thee**, O Lord./ For Thou alone **lovest** men,/ **and** hast put down death **through** Thy Cross,// so as to show mankind Thy **Resurrection**.

V. Praise ye God in His saints,/ praise Him in the firmament of His power.

2. Let the Jews say how the soldiers lost the King over **Whom** they watched./ Why did the stone fail to guard the **rock** of life?/ Let them give up Him who was buried or worship Him risen and **declare** with us:// Glory to Thy manifold mercies, Glory unto Thee, our **Saviour**.

V. Praise Him for His mighty acts,/ praise Him according to the multitude of His greatness.

3. O ye people, **rejoice** and make glad./ An angel sat upon the stone of the tomb and **announced** to us:/ **Christ**, Saviour of the world is risen **from** the dead/ and has filled the universe with **fragrance**./ Rejoice and make glad, O ye **people**.

V. Praise Him with the sound of trumpet,/ praise Him with psaltery and harp.

4. Before Thy **conception**, O Lord,/ an angel brought the joyful salutation to the Virgin, **full** of grace,/ **while** at Thy Resurrection an angel rolled back the stone of Thy **glorious** tomb./ The one, in place of sorrow disclosed **tokens** of joy,/ the other instead of death, proclaimed the Master, Giver of **life** to us./ Therefore we cry: Glory to **Thee**, O Lord,./ Benefactor of **all** mankind.

V. Praise Him with timbrel and dance,/ praise Him with strings and flute.

5. Weeping, the women poured myrrh **upon** Thy tomb,/ and then their voices were filled with joy **as** they said:// The Lord is **risen**.

V. Praise Him with tuneful cymbals, praise Him with cymbals of jubilation./ Let every breath praise the Lord.

6. Let the Gentiles and the people praise **Christ** our God,/ Who for our sakes willingly suffered the Cross and spent three **days** in hell./ And let them **worship** His Resurrection **from** the dead// that sheds light to the **ends** of the world.

V. Arise, O Lord my God, let Thy hand be lifted high;/ forget not Thy paupers to the end.

7. Crucified and buried of Thine **own** will,/ Thou didst despoil **death**, O Christ,/ and as **God** and Master,./ Thou didst grant the world eternal life and Thy great **mercy**.

V. I will confess Thee, O Lord, with my whole heart,/ I will tell of all Thy wonders.

8. In truth, ye, evil-doers, who **sealed** the stone,/ ye granted us a greater **wonder**;/ the watch knew that He left the **tomb** and they said:/ 'Ye tell us that while we slept, the disciples came and **stole** Him away.'/ But whoever steals a body and a body that is **unclothed**?/ He rose up of His own accord, because **He** is God,/ leaving His grave clothes **in** the tomb./ O ye Jews go and see how He left the seals **unbroken**,/ having trampled death and granted mankind **life** without end// and His great **mercy**.

Glory... Gospel Sticheron (Tone 3)

When Mary Magdalene announced the good **tidings**/ **of** the Saviour's Resurrection from the dead and His **appearing**,/ the **disciples**, not believing, were reproached for their **hardness** of heart./ **But** they were sent to preach, armed with signs and **wonders**./ And **Thou**, O Lord, hast been lifted up to the

Father, the **Arch**-Light,/ **while** they preached the Word in all places, made secure by **miracles**./ Therefore **we**, enlightened by them, glorify Thy Resurrection from the dead,// O Lord Who **lovest** mankind.

Both now and ever... (Tone 2)

Most Blessed art Thou, O Virgin Theotokos,/ for through Him Who became incarnate of thee is hades led **captive**,/ **Adam** recalled, the curse annulled, Eve set free, **death** slain,/ and we are given life. Wherefore, we cry **aloud** in praise:/ Blessed art Thou, O **Christ** God,// Who hast been thus well-pleased, **glory** to Thee.

The Great Doxology

Dismissal Tropar:

Having risen from the tomb, and having burst the bonds of hades, Thou hast destroyed the sentence of death, O Lord, delivering all from the snares of the enemy. Manifesting Thyself to Thine apostles, Thou didst send them forth to preach; and through them hast granted Thy peace to the world, O Thou Who alone art plenteous in mercy.

P. Litanies
Dismissal

R. Hours:
Tropar: Resurrection and Saints
Kontak: Resurrection

At Liturgy

Order of Troparia & Kontakia as per Double Service

Prokimenon for Tone 2

The Lord is my strength and my song, and He is become my salvation.

V. With chastisement hath the Lord chastened me, but He hath not given me over unto death.

Prokimenon for the Saints (Tone 7)

Precious in the sight of the Lord...

Epistle(s): Rom 1-10 & Gal 5:22-6:2

Alleluia for Tone 2

V. The Lord hear thee in the day of affliction; the name of the God of Jacob defend thee.

V. O Lord, save the king, and hearken unto us in the day when we call upon Thee.

Alleluia for the Saints (Tone 6)

Gospels: Matt 6:22-33 & Matt 11:27-30

Communion Hymn: Praise ye & Rejoice in the Lord, O ye righteous...